

April 2016 Newsletter

By Livia

The members at Friends Forever would like to thank the Webster City Theater for opening their doors to us on Thursdays.

Here are the up coming movies:

April 8th - Zootopia

April 15th - Divergent Allegiant

April 22nd - Miracles From Heaven

April 29th - My Big Fat Greek
Wedding 2

April Events

1st - April Fools' Day

7th - Track and Field

22nd - Earth Day / Full
Moon

29th - Arbor Day

Birthdays

Nathan, Marty, Colinda,
Austin, and Wayne

Positive Thoughts

Keep going. One step at a time. Let today be bliss.





April 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Exercise with Aimee – Tuesday/Thursday/Friday at 9:00 a.m.</p> <p>Breakfast Club with Kevin – Monday/Tuesday/Wednesday/Thursday/Friday at 9:30 a.m.</p> <p>Visit us at: www.friendsforeversec.org</p>					<p>1 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walking/Walk away the pounds</p> <p>11:30 - Lunch</p> <p>1:00 - Leisure Activity</p>	<p>2</p>
<p>3</p>	<p>4 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walk</p> <p>11:10 - WCHS Students</p> <p>11:45 - Lunch</p> <p>12:45 - Weekend News</p> <p>1:15 - Greg's Discovery</p> <p>Quiet Time</p> <p>Group: Friendship</p>	<p>5 9:00</p> <p>Peer Socialization</p> <p>10:15 - Exercise/Walk</p> <p>11:00-Good Thoughts</p> <p>11:30 - Lunch</p> <p>12:00 - Food Research with Rick</p> <p>1:00 - Social Activity</p>	<p>6 9:00</p> <p>Peer Socialization</p> <p>10:15 - Exercise/Walk</p> <p>11:00 - Special Olympics Meeting</p> <p>11:30 - Lunch</p> <p>1:00 - Social Activity</p> <p>Quiet Time</p> <p>Movie /Popcorn</p>	<p>7</p> <p>Track & Field Competition</p> <p>.....</p> <p>10:00</p> <p>Weather Watchers</p> <p>10:15-Exercise/Walk</p> <p>11:30 - Lunch</p> <p>12:30 - Movie Day</p>	<p>8 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walking/Walk away the pounds</p> <p>11:30 - Lunch</p> <p>1:00 - Life Skills with Becky</p>	<p>9</p>
<p>10</p>	<p>11 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walk</p> <p>11:10 - WCHS Students</p> <p>11:45 - Lunch</p> <p>12:45 - Weekend News</p> <p>1:15 - Greg's Discovery</p> <p>Quiet Time</p> <p>Group: Speaker Emma health and wellness</p>	<p>12 9:00</p> <p>Peer Socialization</p> <p>10:15 - Exercise/Walk</p> <p>11:00-Good Thoughts</p> <p>11:30 - Lunch</p> <p>12:00 - Food Research with Rick</p> <p>1:00-Sheena's Activity</p>	<p>13 9:00</p> <p>Peer Socialization</p> <p>10:15 - Exercise/Walk</p> <p>11:15 - Member Mtg</p> <p>12:00 - Pizza Party</p> <p>1:00 - Social Activity</p> <p>Quiet Time</p> <p>Group: Community Outing</p>	<p>14 9:00</p> <p>Peer Socialization</p> <p>10:00</p> <p>Weather Watchers</p> <p>10:15-Exercise/Walk</p> <p>11:15-Current Events</p> <p>11:30 - Lunch</p> <p>12:30 - Movie Day</p>	<p>15 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walking/Walk away the pounds</p> <p>11:30 - Lunch</p> <p>1:00 - Leisure Activity</p>	<p>16</p>
<p>17</p> <p></p> <p>Marty - 4/17</p> <p>Wayne - 4/18</p> <p>Colinda - 4/18</p>	<p>18 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walk</p> <p>11:10 - WCHS Students</p> <p>11:45 - Lunch</p> <p>12:45 - Weekend News</p> <p>1:15 - Greg's Discovery</p> <p>Quiet Time</p> <p>Group: Stress Management</p>	<p>19 9:00</p> <p>Peer Socialization</p> <p>10:15 - Exercise/Walk</p> <p>11:00-Good Thoughts</p> <p>11:30 -Lunch</p> <p>12:00 - Food Research with Rick</p> <p>1:00 - Social Activity</p>	<p>20 9:00</p> <p>Peer Socialization</p> <p>10:15 - Exercise/Walk</p> <p></p> <p>12:00 - Let's Grill Out</p> <p>Bring your own food to grill</p> <p>1:00 - Social Activity</p>	<p>21 9:00</p> <p>Peer Socialization</p> <p>10:00</p> <p>Weather Watchers</p> <p>10:15-Exercise/Walk</p> <p>11:15-Current Events</p> <p>11:30 - Lunch</p> <p>12:30 - Movie Day</p>	<p>22 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walking/Walk away the pounds</p> <p>11:30 - Lunch</p> <p>1:00 - Leisure Activity</p>	<p>23</p>
<p>24</p> <p></p> <p>Nathan - 4/27</p> <p>Austin - 4/27</p>	<p>25 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walk</p> <p>11:10 - WCHS Students</p> <p>11:45 - Lunch</p> <p>12:45 - Weekend News</p> <p>1:15 - Greg's Discovery</p> <p>Quiet Time</p> <p>Group: Planning/outing</p>	<p>26 9:00</p> <p>Peer Socialization</p> <p>10:00 - Exercise</p> <p>11:00-Good Thoughts</p> <p>11:30 - Lunch</p> <p>12:00 - Food Research with Rick</p> <p>1:00 - Social Activity</p>	<p>27 9:00</p> <p>Peer Socialization</p> <p>10:15 - Exercise/Walk</p> <p>11:30 - Lunch</p> <p></p> <p>1:00 - Kiwanis Bingo</p>	<p>28 9:00</p> <p>Peer Socialization</p> <p>10:00</p> <p>Weather Watchers</p> <p>10:15-Exercise/Walk</p> <p>11:15-Current Events</p> <p>11:30 - Lunch</p> <p>12:30 - Movie Day</p>	<p>29 9:00</p> <p>Peer Socialization</p> <p>10:30 - Exercise/Walking/Walk away the pounds</p> <p>11:30 - Lunch</p> <p>1:00 - Leisure Activity</p>	<p>30</p>